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THIS IS an enchanting trilogy telling the story of a poor serf Gaston, who wants to become a knight, but it helps if you're in the know on this one.

Gaston is the adopted son of a childless couple, incredibly poor and somehow he manages to become a knight, but not the sort he envisaged.

Surprisingly, through a series of uncanny happenstances, he is sucked into an alternative path to the one he thought he wanted - he becomes a knight on the path of spirituality.

He starts to move in circles where he

Through the stories of Gaston, Ixthia and Roland, the author educates us about the way of the Lord Magician (guru/master), how to be non-judgemental, submit to what life throws at us, be disciplined, meditate and follow a strict vegetarian and moral lifestyle.

I really found it an enjoyable read, especially the first two parts of the trilogy, but I did wonder what readers who were not receptive to spirituality or had no prior knowledge, would make of it.

In some ways, as a disciple of a similar spiritual path for which meditation is the cornerstone, this book uplifted and encouraged me.

However if I had different belief systems I may not have found this work so engaging.



Book Review

By Mireille Joffe

JJ Sandras

The Lord Magicians

A trilogy

Published by DEJA

encounters royalty, fighting armies, the dark force of evil and much more.

Having saved the life of a dwarf, he earns unquestioning loyalty from the man he saved - a companion who sticks by his side, no matter what.

The story unfolds in a classic fairytale style, but what is different is the reader is led through beautiful descriptions of the road to mysticism and god realisation.

IF YOU DON'T BELIEVE ME, JUST WATCH ...

A FLICK of the wrist, a break of the knee even sitting at the hair-dresser in curlers - this music video breaks new ground for Bruno Mars!

Mars comes across here as a hip-hop wide boy, rather than a star-crossed or besotted lover.

At just under 5'5" (1.65m) Bruno comes in short; shorter than paparazzi nightmare, Justin Bieber 5'7" (1.75m) and shorter, even, than the female competition - Taylor Swift is a giant 5'8" (1.78m).

But none of that takes anything away from this pint-sized star.

He's sex on legs - and he knows it! - he's so pretty he's gotta "kiss himself".

Half Puerto Rican and half Ashkenazi Jew - teaming up with the formerly from Mark Ronson probably made a lot of sense.

Born and raised in Honolulu, he was making music at a young age.

Now 30, Bruno has sold over 100 million singles and albums.

